

North Tempe



SUMMER 2013
June-August

Multi-Generational Center

FACILITY MEMBERSHIPS

A Membership is **REQUIRED** to use the FITNESS AREA and EDUCATION ROOM. Members must be 16 years and older to use the Fitness Area and 6 years and older to use the Education Room. A parent/legal guardian **MUST** fill out a membership form at the front desk with a

valid state issued photo identification card. The Education room also **REQUIRES** members to have a valid Tempe Public Library card in addition to a facility membership. Library cards can be obtained at the Front desk or at the Tempe Public Library.

FACILITY HOURS

January—May

FITNESS AREA

Mon-Thur	7:30am-9pm
Friday	7:30am-8pm
Saturday	10am-5pm

EDUCATION ROOM

Mon-Thur	11am-9pm
Friday	11am-8pm
Saturday	10am-5pm

BOYS & GIRLS CLUB

Mon-Fri	3-7 pm
Saturday	10am-5pm

TCAA SENIOR CENTER

Mon-Fri	8am-3pm
Sat & Sun	CLOSED

GYMNASIUM

Call 480-858-6500 for program information

FACILITY DIRECTORY

City of Tempe—480-858-6500

Boys & Girls Club—480-858-6502

Laird Elementary School—480-941-2440

Maricopa County Head Start—480-858-6536

TCAA Senior Center—480-858-6510

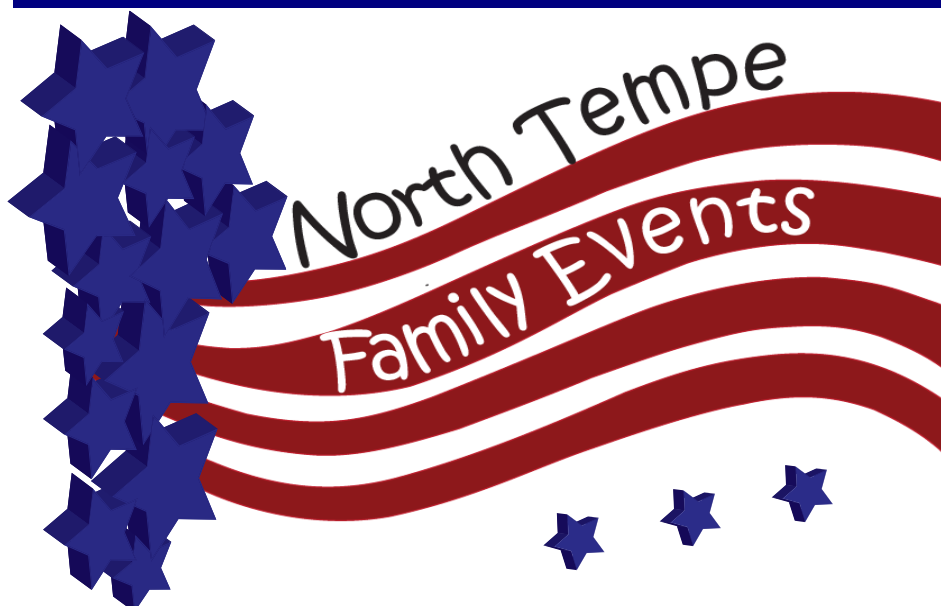
Tempe YMCA—480-858-6524

Chicanos Por La Causa—480-858-6543

Holiday Hours

May 27— Memorial Day

July 4—4th of July



Bring your family, friends, or neighbors to these fun-filled events. Prizes and a snack concession stand will be available. Admission is free! Phone registration is required for each family.

Family Bingo Nights
6:00 - 7:30 pm

April 26th
June 28th
August 30th

BOYS & GIRLS CLUB

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SUMMER BREAK CAMP is offered by The Boys & Girls Clubs of the East Valley and is open to boys & girls ages 5-14 (5 year olds MUST be enrolled in Kindergarten in the 2012-2013 school year). Daily field trips and a week of themed spring activities including games room, computer lab, gymnasium, performing arts, arts & crafts, education area and much, much more!!!

DAYS: 5/28/13—8/2/13 (no camp July 4th)

HOURS: Mon. – Fri. 7:30am-6pm

FEE: \$80 per week or \$20 per day per child
(price includes breakfast, lunch & snack daily. Financial assistance and sibling discounts available)

NOTE: \$25 annual Boys & Girls Clubs of the East Valley membership fee required to register. Registration begins April 1, 2013. Space is Limited.

Monday 8/5/13 will be open day 7:30 to 6pm
Tuesday 8/6/13 – First Day of School

**SUMMER
BREAK**



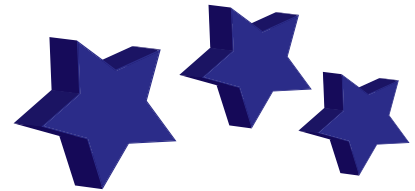
The Boys & Girls Club is a non-profit youth development agency serving ALL Boys & Girls between the ages of 5-18 years of age. Program areas include Game Room activities, Arts & Crafts, Homework Help, Computers, Performing Arts, Teen Center and daily snacks! We provide quality programs, guided by trained full time professionals in the areas of Character & Leadership, Education & Career, Health & Life Skills, the Arts, Sports & Fitness & Recreation, along with many other specialized programs. All Club members must have a valid membership valid from 6/1/13 thru 5/31/14. Annual membership is ONLY \$25 so sign up TODAY! For more information please contact us at :

480-858-6500 or e-mail us at
northtempe@clubzona.org.

Please visit our Facebook page at:

<https://www.facebook.com/northtempeclub>.

Boys & Girls After School Program



2013 Co-Ed Youth Soccer League For Boys & Girls ages 5-14 yrs. Starts in April

Registration will close when league is FULL!

Instructional soccer league is open to ALL boys & girls of ALL skill levels. Ages: 5-14 years old. League Emphasizes: Team Work, Sportsmanship, Motor Skills Development, Healthy Lifestyles, Game Fundamentals, Physical Fitness & FUN!

Soccer Clinics/Practices start in March. Games start in April

Registration: Apr. 1st - Apr. 15th - \$30.00

Financial Assistance, Payment Plans and Discounts Available! Call 480-858-6502 for registration details or email at northtempe@clubzona.org
Visit us on the web: www.clubzona.org , www.facebook.com/northtempeclub & www.tempe.gov/northtempe

Upcoming Events

WELCOME AMERICORPS TO THE NORTH TEMPE SENIOR CENTER

The AmeriCorps program provides monthly speakers on various health topics such as hearing, nutrition, foot care and depression. The program also offers the Walk with Ease class, certified exercise classes and a twice a year health screening. All adults ages 55 and over are eligible to join for a year term at "no cost" to the individual.

Come on in to the senior center and check us out!

Chair Yoga- Tuesdays at 9:30am
Joshua/Juniper Room

Chair Exercises-Thursdays at
9:30am

Joshua/Juniper Room

Weekly Activities

Monday, Wednesday & Friday
Silversneakers—9:30am
Tuesday, Wednesday, Thursday
Chair Exercises 10:30am
TCAA Congregate Lunch
11:45 a.m.
Tuesday
Bingo—12:30 p.m.
Wednesday
Loteria for Prizes-12:30pm
Tuesday, Thursday
AmeriCorps Fitness—9:30am

JUNE— WELL-SEASONED COOKING DEMO CLASSES

DATE: THURSDAY
JUNE 6 & 20
TIME: 10:30AM

Be sure to sign up for these classes as space is limited. Classes will focus on recipes that taste good and are good for you.
Call Aileen at 480-858-6512 to sign up for class

JULY— AAA SAFE DRIVING FOR THE MATURE DRIVER

DATE: WEDNESDAY
AUGUST 14
TIME: 11:00AM

This course is aimed at keeping senior drivers safer, while enabling them to earn a discount on their auto insurance. The four hour course will fine-tune your driving skills, update your knowledge of the rules of the road, reduce your chances of a traffic crash, and potentially allow for a reduction of your auto insurance premium. There are two ways to register and pay for the course: Visit one of the AAA branches or call Mike Duhamel at 602-241-2945.

AUGUST— NTSC LUAU PARTY

DATE: WEDNESDAY
AUGUST 14
TIME: 11:00AM

Beat the August heat with the annual NTSC Luau Party. Featuring Hawaiian dancers, music and wonderful luau food. So come join the party and feel the rhythm of the islands in Tempe, Arizona

Volunteer Opportunities

Contact Kathy Flores
480-858-6510
or stop by the
Senior Center

Office Hours:
Mon-Fri 8am-3pm

CHICANOS POR LA CAUSA

The Aspire Program - is dedicated to working with young men and women ages 16-21 who are ready to dedicate themselves to bettering their future.

Youth who are still attending high school can take advantage of our after school tutoring, soft skills trainings, and workshops.

Young adults with a high school diploma or GED can get assistance with decision making, setting goals, post-secondary education and employment competency training.

For young adults who have not completed their high school education we have several options. GED classes are available through our partner programs or assistance in re-enrolling into public or charter schools is also an option.

We work with a variety of employers and educational systems. Higher Education and an Excellent Employment Opportunity are possible!

Registration for CPCL Summer Program will beg on *April 15, 2013*.

Applications available at CPLC office. Please call for more information.

Tempe Location

1555 N Bridalwreath St.

Tempe, AZ 85281

480-858-6543

Mesa Location

Mesa Public Library

64 E. 1st Street

Mesa, AZ



Chicanos Por La Causa, Inc.
A PROMISE OF OPPORTUNITY

Free Programs for Youth! 14-21 Years of age

- * Earn your GED/Diploma
- * College Education
- * Work readiness skills
- * Get work experience
- * Occupational skills training
- * And much much more!

Eligibility Requirements

- * East Valley Residents
- * 14-21 Years of age
- * Eligible to work in the U.S.
- * Meets MWC income guidelines

For more information contact:

Sylvia Moreno

Mesa: (480)-644-3503



Registering

for school year

2013-2014

3-5 years

M-Th—August—May

8:00am-1:00pm

Call 480-464-9669 ext. 200

For more information

**Head Start
Summer Break
May 28th thru
August 2nd**

MARICOPA COUNTY HEAD START

Give your Child a Head Start

Services provided to families include: Education to parents and children, meals for children, Support for helping your child be healthy and safe, Links to community resources, and much more! All Services provided free of charge

Documents needed:

- Child's birth certificate or certificate of live birth
- Parent/guardian proof of income for past 52 weeks (2010 W2 or 1040 tax form & current payroll stub)
- Proof of Maricopa County address
- Childs Immunization

Eligibility:

- Must live in east Maricopa County



NORTH TEMPE FITNESS CENTER

FITNESS EQUIPMENT

- Open to ages 16 and older.
- 2 treadmills
- 3 Elliptical cross-trainers
- 1 recumbent bike, 1 upright bike
- 5 multi-exercise strength training machines
- 1 dumbbell set
- 4 televisions with cable access
- Towels provided for use while in the center
- Wireless receivers for TV viewing or radio listening with headphones



Hours of Operation:

Mon.-Thu. 7:30am-9pm
Friday 7:30am-8pm
Saturday 10am-5pm

Fitness Membership Fees:

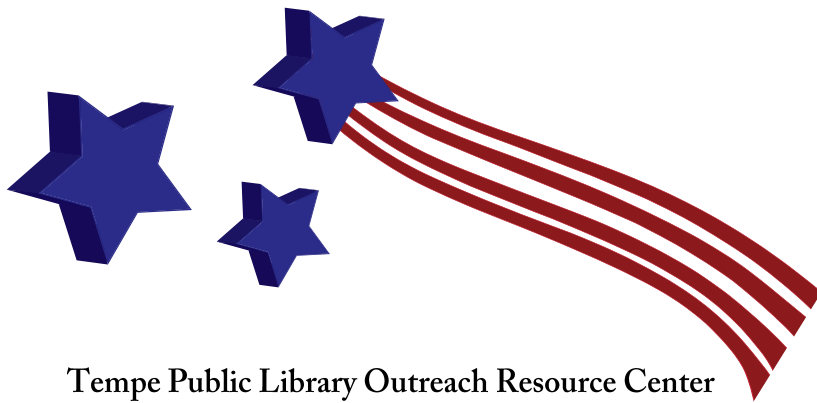
1 year pass \$25.00

Fitness memberships will be valid for one year after date of purchase

20 visit punch pass \$10.00

Punch pass only valid for 6 months from date of purchase

1 day pass \$1.00



Tempe Public Library Outreach Resource Center

The City of Tempe offers this innovative service at two locations, the Escalante Community Center and North Tempe Multigenerational Center. Use computers with the latest software or surf the net to research topics using the same programs offered at the Tempe Public Library.

North Tempe Hours:

Monday -Thursday, 11 a.m.-9 p.m.

Friday, 11 a.m.-8 p.m.

Saturday, 10 a.m.-5p.m.

Computers are available for patrons age 6 years and older only. Printing cost .25 cents per page and must be paid prior to printing. Tempe Public Library Internet and User Conduct policies and procedures are in effect at all times. A valid Tempe Public Library card is **REQUIRED** for use of all computers.



Here It Comes

Here comes summer
Here comes summer
Chirping robins, budding roses
Here comes summer
Here comes summer
Gentle showers, summer clothes
Here comes summer
Here comes summer
Whoosh-shiver there it goes

Faith Long

Activities for Tots/Youth

Paint Party

Toddler and parent will have a great time painting and creating in this fun art class. **Fee: \$8** per child (parent free). \$2 off with coupon

33337 2-4 yrs T 4/23-5/14 9:15-10 a.m.

33338 2-4 yrs T 4/23-5/14 10:15-11 a.m.

Art Book 2

Toddler and parent take time to read, create and color their own art books! **Fee: \$8** per child (parent free). \$2 off with coupon

33349 2-4 yrs Th 4/25-5/16 9:15-10 a.m.

33350 2-4 yrs Th 4/25-5/16 10:15-11 a.m.

Parent/Toddler Music Time

Come sing, dance and play with your child in this fun, academically-linked music program. You and your child will learn new songs, rhymes, poems and finger plays and play child-friendly instruments. Maximum of two children per adult. (No charge for adults) No class on 7/3 & 7/5. **Fee: \$30** per child.

35467 1-5yrs W 6/5-7/17 9:30-10:15 a.m.

35469 1-5yrs W 6/5-7/17 10:30-11:15 a.m.

Toddler Art Time

Toddler and parent have an opportunity to explore art through a variety of different age appropriate activities. Watch their concentration, motor skills and hand-eye coordination grow! One adult may register up to two children (no charge for adult). **Fee: \$10** per child.

35472 2-5 yrs T 6/4-6/25 9:15-10 a.m.

35475 2-5 yrs T 6/4-6/25 10:15-11 a.m.

Our First Art Class

Toddler and parent will learn various art techniques and create their own projects too! One adult may register up to two children (no charge for adult). **Fee: \$10** per child.

35476 2-5yrs Th 6/6-6/27 9:15-10 a.m.

35477 2-5yrs Th 6/6-6/27 10:15-11 a.m.

Our First Painting Class

Toddler and parent will learn about various painting techniques and kids paint their own art-work, too. One adult may register up to two children (no charge for adult). **Fee: \$10** per child.

35478 2-5yrs Th 7/11-8/1 9:15-10 a.m.

35479 2-5yrs Th 7/11-8/1 10:15-11 a.m.

Toddler Craft Time

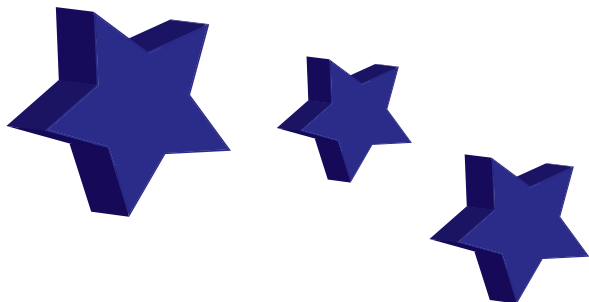
Toddler and parent will have an opportunity to create age-appropriate make and take crafts projects. One adult may register up to two children (no charge for adult). **Fee: \$10** per child.

35484 2-5 yrs T 7/9-7/30 9:15-10 a.m.

35485 2-5 yrs T 7/9-7/30 10:15-11 a.m.

Refunds/Class Cancellations

In the event of a class cancellation, registrants will be notified by phone or e-mail. Some classes that fall just below minimum enrollment may be kept open until the day before the class begins in an effort to avoid cancelling the class. If a class cancels, a credit will be applied to the family account. The patron may request a refund instead of a credit and the amount will be issued by City check or credit card refund. Withdrawal requests made after class begins may be subject to an administrative fee.



Activities for Youth/Teens

Karate Youth; Lim Kenpo

Effective and results oriented martial arts class for the whole family. Students learn self-defense, respect and manners; increase self-confidence and focus; and improve overall health and fitness. *No class 7/4. **Fee: \$50.**

34277 4-12yrs M/T 6/3-6/25 5:30-6:30 p.m.

34278 4-12yrs M/T 7/1-7/30 5:30-6:30 p.m.

34281 4-12yrs M/T 8/5-8/27 5:30-6:30 p.m.

Martial Arts; Karate; Lim Kenpo

Effective and results oriented martial arts class for the whole family. Students will learn self-defense, respect and manners; increase self-confidence and focus; and improve overall health. On-going monthly program with the opportunity for belt rank advancement (test fees apply). *No class 7/4. **Fee \$50.**

34286 13 yrs+ M/T 6/3-6/25 6:30-7:30 p.m.

34287 13 yrs+ M/T 7/1-7/30 6:30-7:30 p.m.

34290 13 yrs+ M/T 8/5-8/27 6:30-7:30 p.m.

Martial Arts: Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch, followed by kick/punch/block drills. No class on 7/3, **Fee: \$55**

34292 13 yrs+ Th 6/6-8/22 7:05-8:30 p.m.

Yoga Core

Strengthens and tones the core (abs, back, butt) using both traditional and non-traditional yoga poses. A general knowledge of basic yoga poses is a plus, but not required. No Class 7/4 or 7/6 **Fee: \$59**

34364 16 yrs+ Th 6/6-8/22 6:30-7:30 pm.

Yoga; Therapeutic

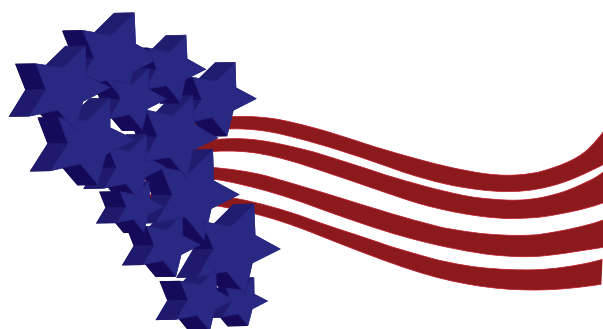
Experience a soothing stretch and strengthen the back and core of your body. Using breath and simple yoga poses, you will relax your head, neck, shoulders and chest, and gently strengthen your core and back. No previous yoga experience is required. Participants must bring yoga mat. No class 7/3 **Fee: \$59**

34425 16 yrs+ W 6/5-8/21 6:30-7:30 p.m.

NEW! Exercise; Pilates Beginner

Beginning level class in Pilates mat work designed for all fitness levels. The concepts of alignment, proper breathing, and control will be learned, as will all of the beginning mat exercises. No prior knowledge of Pilates is required. Class is perfect for those individuals recovering from mild injuries and are looking for a safe way to workout. Participants must bring own yoga mat. Dress in comfortable clothes that allow movement. No class 7/2. **Fee: \$55.**

35105 16 yrs+ T 6/4-8/13 6:30-7:30 p.m.



REGISTRATION

Begins

Tempe Residents/

April 22—May 17

Non-Residents

April 29—May 17

Late Registration

May 20-21

April 29— May

Classes begin

Week of June 3rd

Activities for Youth/Teens

YouthTech Inc. Youth Tech Inc. is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com

Animation

In this class students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This class will utilize Adobe's award winning animation software in Adobe Flash. Students will create fun interactive animations that they can share with the world. **Fee \$160.00**

35590 10-17 yrs. T-F 7/8-11 9-12 p.m.

Video Game Design

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. **Fee \$170.00**

35591 10-17 yrs. T-F 7/8-11 1-4 p.m.

35592 10-17 yrs. M-Th 7/15-18 9-12 p.m.

Web Design

This course is an in-depth look at the world of web design and development. Students enrolled in this session will learn how to build their own web site from start to finish using award winning suite of products. The learning for this camp does not end at the door students will have access to their web site with free hosting for one year. **Fee \$160.00**

35593 10-17 yrs. M-Th 7/15-18 1-4 p.m.

The Gaming Academy

The gaming academy is an all day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experience designing and building their very own games. Students are encouraged to bring a sack lunch. **Fee \$315.00**

35594 10-17 yrs. M-Th 7/22-25 9-4 p.m.

Activities for Adults

North Tempe and the Tempe Public Library have joined together to offer Computer classes to seniors at the North Tempe Multi-Generational Center. Classes are one to two hour workshops designed specifically for the senior population. Sign up for one or all courses!

Meet the Computer

Never tried a Computer before? In this class, you will meet the computer, the keyboard and the mouse, and you will learn how to use them. No experience is necessary for you to take this relaxed, fun class. **Fee: None.**

35563 50 yrs+ W 6/12 9-11 a.m.

35564 50 yrs+ Th 6/20 9-11 a.m.

Looking at Windows

Having trouble finding what you need on the Internet? Come to this class and learn the best way to search for the information you want. **Fee: None.**

35565 50 yrs+ W 6/26 9-11 a.m.

Exploring the Internet

Having trouble finding what you need on the Internet? Come to this class and learn the best way to search for the information you want. You will get to try out some search strategies online with plenty of time to practice.

Fee: None.

35566 50 yrs+ T 7/16 9-11 a.m.

35567 50 yrs+ Th 7/25 9-11 a.m.

Facebook/Email for Seniors

Do you want to connect with friends, family or lost acquaintances? We can help you set up a Facebook account or an e-mail account. We will assist you in setting up your basic account information and demonstrate how they work. **Fee: None.**

35324 55 yrs+ F 7/12-7/26 9:30-11 a.m.

Check Out a Book

Seniors can visit the Escalante, North Tempe or Westside Community Center Senior Centers and check out a book from the Tempe Public Library Outreach Collection. This collection is always changing. **Fee: None.**

No Code 18 yrs+ M-F 6/3-8/11 8a.m.- 3 p.m.



Register on the Web!
www.tempe.gov/brochure